

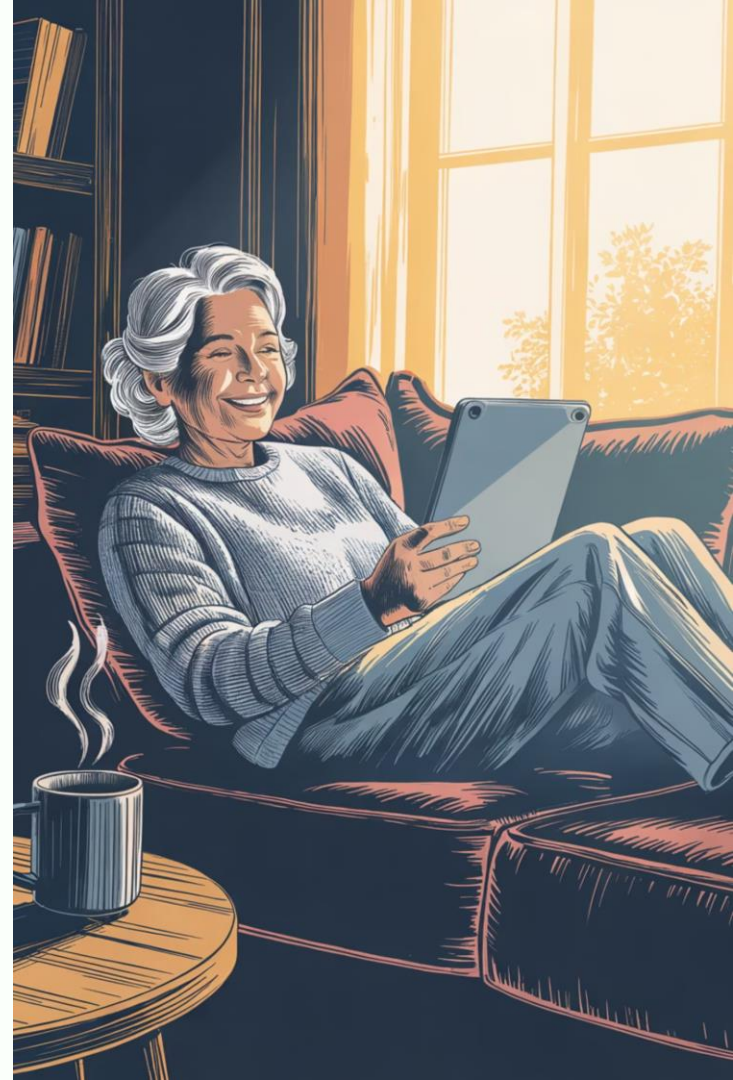


Digital Entertainment for Seniors

Discover how to enjoy music, videos, and podcasts on your phone or tablet – anytime, anywhere. This guide walks you through YouTube and Spotify, step by step, in plain English.

BEGINNER-FRIENDLY

YOUTUBE & SPOTIFY



What You Will Learn Today

By the end of this lesson, you will be able to watch YouTube videos, listen to music on Spotify, and create your own playlist – all on your own!



Use YouTube

Search for videos, watch safely, and subscribe to channels you enjoy



Listen on Spotify

Find your favorite songs and artists with just a few taps



Create a Playlist

Save the songs you love into one easy-to-find collection



Connect a Speaker

Play your music out loud through a wireless Bluetooth speaker

 No prior experience needed. We will go slowly, one step at a time.

Getting Started with YouTube

YouTube is a free app (short for "application" – a program on your phone or tablet) where you can watch millions of videos: cooking shows, news, music, exercise classes, and more.

Step 1 – Find the App


Look for a **red rectangle with a white triangle** on your phone's screen. That is the YouTube icon. Tap it once to open it.

Step 2 – No Account Needed to Browse

You do **not** need to sign in to watch videos. Simply tap **"Skip"** or **"Not now"** if asked to log in.

Step 3 – The Home Screen

Once open, you will see rows of video thumbnails (small preview pictures). Tap any picture to start watching.

 **Helpful Tip:** If the YouTube app is not on your device, ask a family member to help install it – it's completely free.

How to Search for a Video on YouTube



Follow These Steps:

1. Open YouTube and look at the **top of the screen**
2. Tap the **magnifying glass icon** (🔍) – this is the Search button
3. A keyboard will appear at the bottom of the screen
4. Type what you want to watch, for example: **"Frank Sinatra songs"** or **"easy chair yoga"**
5. Tap the **blue Search key** on your keyboard
6. A list of videos will appear – tap any one to watch it!



Try It: Search for *"Classic country music"* and pick a video that looks interesting to you.

Watching Videos Safely on YouTube

YouTube is mostly safe, but a few simple habits will keep you protected and make watching more enjoyable.



Adjust Volume

Use the buttons on the **side of your phone** to turn the volume up or down anytime during a video



Pause Anytime

Tap the screen once to see controls. Tap the **pause button (||)** to stop. Tap again to continue.



Skip Ads

Short ads may play first. Wait 5 seconds, then tap **"Skip Ad"** in the bottom right corner



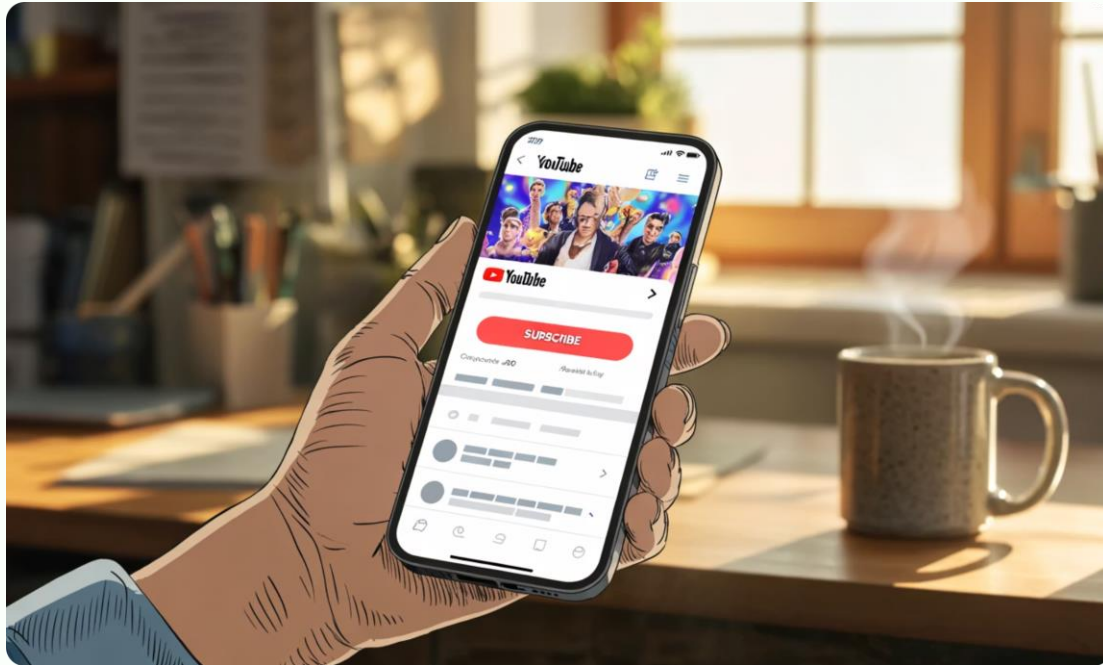
Avoid Clicking Pop-Ups

If a box suddenly appears saying "You won a prize!" – **do not tap it**. Close it immediately.

⊗ ⚠ **Scam Warning:** YouTube will NEVER ask for your bank card to watch a free video. If you see this, it is a scam. Close the app and tell a trusted person.

Subscribing to a YouTube Channel

A **Channel** is like a TV station run by one person or organization. When you **subscribe** (follow it for free), new videos from that channel appear on your home screen automatically.



How to Subscribe:

1. Watch a video you enjoy
2. Below the video, find the **channel name** (shown with a small circle photo)
3. Tap the big **red "Subscribe" button** next to the name
4. It will turn **gray** and say "Subscribed" – that means it worked!
5. Tap the **bell icon** 🔔 next to it to get notified of new videos

💡 You can unsubscribe anytime – just tap the gray "Subscribed" button again. You will not be charged anything.



Welcome to Spotify

Spotify is a free music app where you can listen to millions of songs, podcasts, and radio stations. Think of it as a giant jukebox in your pocket – available anytime.

What Is a Podcast?

A **podcast** is like a radio talk show you can listen to whenever you want – not just at a set time. Topics include news, health, stories, and more.

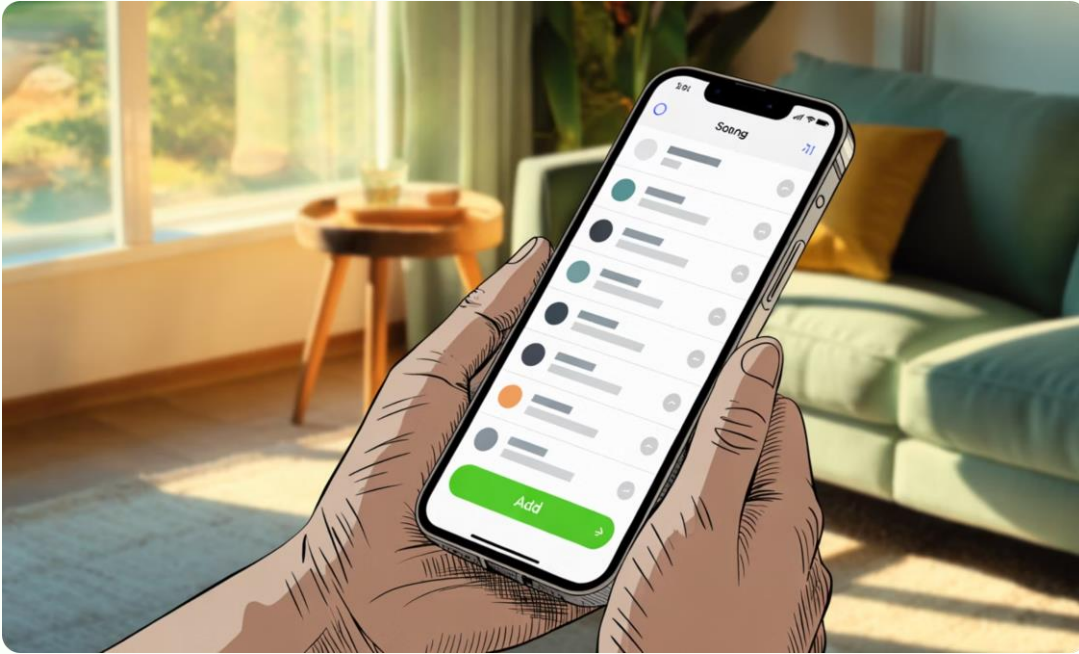
Free vs. Premium

The **free version** plays occasional short ads (like radio). The paid **Premium** version (\$9.99/month) is ad-free. Start with the free version – it works great!

How to Get It

Search for "**Spotify**" in the App Store (iPhone) or Play Store (Android). Tap **Install** – it's free to download.

Finding Music & Creating Your First Playlist



Search for a Song:

1. Open Spotify and tap **"Search"** at the bottom of the screen
2. Tap the **search bar** at the top and type a song or artist name – for example: **"Elvis Presley"**
3. Tap a song to play it immediately

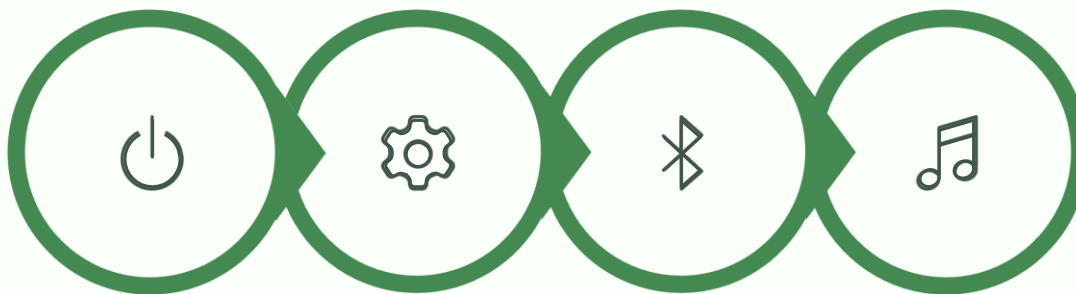
Create a Playlist:

1. Tap **"Your Library"** at the bottom right
2. Tap the **+ (plus) button** at the top right
3. Choose **"Playlist"** and give it a name like *"My Favorites"*
4. Search for songs and tap the **three dots (...)** next to any song, then tap **"Add to playlist"**

✔️ **Try It Yourself:** Create a playlist called *"My Favorites"* and add 3 songs you love!

Connecting to a Bluetooth Speaker

Bluetooth is a way for your phone to talk wirelessly to nearby devices – like a speaker – without any cords. Here's how to connect one:




Turn On


Open Settings

*Enable &
Select*

Play Music

Once connected, any music or video you play on your phone will come out of the speaker automatically. The connection is remembered – next time, it connects on its own!

 **Helpful Tip:** Keep your speaker within 30 feet (about one room away) of your phone for the best sound. If the sound cuts out, move your phone closer to the speaker.

 **Warning:** Only connect to speakers that belong to you or someone you trust. Never accept an unknown Bluetooth connection from a stranger.

Review & Practice — You're Doing Great!

Let's recap what you've learned and practice on your own. You now have the skills to enjoy digital entertainment independently!

1

YouTube Check

Open YouTube, search "**nature sounds relaxing**", and watch a video for 2 minutes. Then tap Subscribe on the channel.

2


Spotify Check

Open Spotify, search your favorite singer, and add 5 songs to your "*My Favorites*" playlist.

3

Speaker Check

Turn on your Bluetooth speaker and connect your phone. Play your playlist out loud and adjust the volume.

 **Congratulations!** You have completed the Digital Entertainment lesson. You can now watch, listen, and enjoy music and videos on your own – safely and confidently.

Remember

Never tap "You won a prize" pop-ups on YouTube

Remember

Spotify's free version is perfectly fine to start with

Remember

Ask a trusted person whenever you're unsure – there are no silly questions!